

PLANNING GUIDE

Join us as we look back at our past to lead to the future!

Friday, November 14-Sunday, November 16, 2025

Camp Bette Perot

Hello fellow Girl Scouts! Welcome to

Looking Back, Leading Forward

20 Years of Sisterhood

As Girl Scouts, we are part of a sisterhood that reaches far beyond our local communities, connecting us with the world. We belong to a movement that empowers us to become leaders of courage, confidence, and character who make a difference in the world. This year, we invite you to join us for our 20th Annual Adult Retreat, where we'll revisit the incredible moments of the past 19 retreats while also embracing fresh skills and experiences to carry us into the next chapter. We are excited to welcome you as we explore both timeless and new opportunities together.

You dedicate so much of your time to shaping the next generation of female leaders. Now, it's time to take a break for yourself. This retreat is your chance to reflect on your own Girl Scout journey and discover how to translate that experience into future growth—for both you and your girls. Come ready for new adventures, skill-building, and the chance to reconnect with familiar faces while making new friends.

This retreat is all about celebrating YOU and your impact on the world. As Juliette Low once said, "The work of today is the history of tomorrow, and we are its makers." Get ready for an unforgettable experience that will inspire you to leverage your past to shape the future.



Sincerely,
Elizabeth Seidemann
Adult Retreat 2025 Chair
"Looking Back, Leading Forward"

Past theme spotlights.

Here are some of the memorable themes from past retreats that we'll be highlighting throughout the weekend. The six themes listed below will be featured in different units and during our Friday evening activities. We can't wait to revisit these incredible moments with you and introduce our new friends to the themes.

Will you join us in this journey down memory lane?



"Make New Friends"



"Ropin' the World"



"Creature Comforts"



"Travel the World"



"Fun & Games in the Woods"



"Color My World"

Optional: Friday Service Project | 1:30 - 5:00 pm

Each year, participants take on a service project to help improve the life of campers and camp staff at Bette Perot. The service project is physically demanding and participants must be able to complete the required work.

Limited to 30 participants who will work in small teams to complete the project. Includes an early check-in at 1:30 pm and dinner with the planning committee at 5 pm.

Optional: Friday Training

TR 301 Part B: GSNETX Camping

Cost: $30 (Additional Cost When Registering)

Kickstart Your Weekend by completing your TR301 certification!

- TR301 is a blended learning class. Take Part A online in gsLearn before you come to Adult Retreat. Take the in-person Part B at Adult Retreat!
- This allows you to take your troop camping at any of the GSNETX camps, as well as do activities with fire.

This is an awesome way to combine learning with your retreat experience—why not kick off the weekend by gaining new skills and preparing for future troop adventures?







Arriving on Friday Evening - Welcome to Adult Retreat!

Be sure to eat dinner before you get to camp. That way you're fueled and ready to dive straight into the evening's activities.

Check-in begins at 5:00 pm

Arrive & Settle In
Check-in, turn in your health history, get your swag bag, and get settled into your unit. Feel free to get comfy and take a moment to relax before the fun begins at 7pm!

Museum
Do you have an item from a past retreat that you would like to display? Bring it labeled to check-in and we will display it in the dining hall for the weekend. You can pick it up to take home on Sunday morning after Breakfast.

Ready to Explore & Create & Laugh & Connect!

From 7-9:15 Friday night you'll want to travel from unit to unit - on foot or grab a hayride - to enjoy the fun and creative stations we've set up just for you! Find out more details about Friday night on the next page.

CAMP BETTE PEROT
EST. 1970

Friday Night Fun Around Camp (7-9:15 pm)

Activities in Units
Each unit has its own unique set of activities. Here's where the fun really happens, and you get a taste of what each unit has to offer.

Hayride
What a great way to explore the camp! The pickup/drop-off stations at each unit will make it super convenient, and it'll be a fun way to travel between the activities.

Build Your Gorp
As you make your way to each unit, gather different food items to create your own personalized trail mix. It'll keep everyone energized as they move around.

Human Bingo
A cool interactive activity! The bingo cards in your books will encourage mingling and getting to know new people. I'm sure it'll be a hit.

Make Cards for Our Troops
Create Christmas Cards for troops overseas—this is a meaningful way to kick things off and get everyone involved in something heartwarming.

Friday Night - Unit Meetings (9:30 pm)

After all the excitement, you'll head back to your unit for a meeting with your hosts. This is the time to get any important weekend updates and make sure you're all set for the next day's adventures.

Friday Night - Sat. Night

Retreat Cookbook

Do you have a favorite recipe you'd love to share? Bring it with you to the retreat—either already written on a card or ready to jot down on one provided in your unit. We'll be collecting everyone's contributions throughout the weekend to create a special "20 Years of GSNETX Adult Retreat Cookbook" to share with all campers!

GSNETX Shop

Don't miss our expanded GSNETX Shop experience in Mustang!

Get a new Girl Scout shirt, make a 'trucker hat', find something unique & find treasures!

Shop Hours:
Friday 5:00-9:00 PM
Saturday 8:00-10:30 AM
12:00-3:30 PM
7:00-9:30 PM

Run of Show



FRIDAY, November 14		
1:30 - 5:00 pm	Service Project	
11:00 - 4:00 pm	TR 301 Part B Training	
5:00 pm	Check-in begins on the field (Eat before you arrive or bring your own food. Dinner is not provided Friday night.)	
5:00 - 9:00 pm	GS pop-up shop open (inside Mustang)	
7:00-9:15 pm	Arrive, Settle in Units & Enjoy Movie, Snacks and Activities on the field	
9:30 pm	Unit Meetings	
11:00 pm	Quiet Settles Over the Units (Unit Shelters available for subdued pajama parties.)	
Saturday, November 15		
6:30 am	Coffee/Tea Bar opens in units	
7:30 - 9:00 am	Flag Up/Opening Ceremony & Breakfast in Dining Hall (Color Guards meet Doreen Brown on Friday)	
8:00 - 9:00 am	Check-in for Saturday Campers at Main Parking Lot	
8:00 - 10:30 am	Shop in Mustang	
9:15 am - 12:15 pm	Morning Classes	
	9:15 - 10:30 am	Session 1
	10:50 - 12:05 pm	Session 2
10:50 - 1:15 pm	Cooking Over Lunch Classes	
12:15 - 1:45 pm	Lunch & Break	
12:00-3:30 pm	Shop in Mustang	
2:00 - 5:00 pm	Afternoon Classes	
	2:00 - 3:15 pm	Session 3
	3:45 - 5:00 pm	Session 4
3:45 - 7:00 pm	Cooking Over Dinner Classes	Session 5
5:45 - 7:00 pm	Flag Down Ceremony & Dinner at the Dining Hall (Color Guards meet Doreen Brown at 5:30 pm at Flag Pole)	
7:00-9:30 pm	Shop in Mustang	
7:30 - 8:45 pm	Closing Campfire and Ceremony	
9:00 - 10:30 pm	Late Night Classes/Singing After Dark	Session 6
10:30 pm	Back to Units	
11:00 pm	Quiet Settles over Unit Areas	
Sunday, November 16		
6:30 am	Coffee/Tea Bar Opens in Units	
8:30 - 10:00 am	Closing Ceremony at Singing Steps & Breakfast in the Dining Hall	
10:15 - 10:30 am	Bring personal gear and bedrolls to loading tarp in Unit	
10:30 - 11:15 am	Final Unit Clean-Up: Clean cabins, unit shelters, and bath house; take out all trash; Gather lost and found and bring to Mustang porch	
11:30 am	Farewell - Load cars and depart camp	

Everyone's Experience is Their Own Creation

Be a Leading Adventurer:

- Stay in Raccoon Ridge Unit, try your hand at archery, or the high ropes course.
- Embark on a trail ride to experience the thrill of camp life.

Be a Culinary Creator:

- Choose to cook a meal outdoors over lunch or supper...or choose to eat in the dining hall with friends.
- *Girl Scouts Honor: Please only register for 1 cooking class, so everyone can get a turn 'around the campfire'. Thank you.*

Be a Peaceful Changemaker:

- Choose a mix of Turtle Time, coffee, and crafts.

Be an Early Bird:

- Take the day off on Friday and come for the service project. You'll work hard, but we'll feed you a light supper with the Planning Team before the 5 pm guests start rolling in.

Cost

For just $100.00 you get to enjoy a weekend experience that includes:

- Light snacks & activities Friday night!
- 4 meals - from Saturday breakfast to Sunday breakfast.
- Overnight accommodation for all participants (excluding Day Use guests.)
- Commemorative event t-shirt and patch, the perfect keepsakes from your unforgettable weekend.
- Over 70 enrichment class options, ensuring every moment is memorable. Many classes have all supplies included!

If I Want to Experience Retreat - but a Hotel Sounds Better... What Do I Do?

- You are welcome to join us for just Saturday & sleep at your own home or pay for a hotel of your choice. Give yourself the weekend you need!
- Stay for the weekend or stay for the day, the $100 event cost remains the same.

Registration close date / T-shirt order cut off / final date for cancellation refund: 10/19/2025 at 11:00:00 PM

Need Registration Help? Call Customer Care 972-349-2400

Get Registered!

Step 1: Choose your lodging.

- All guests will pre-select their own unit housing during registration. A limited number of Saturday Day Use spots will be available for those who do not wish to attend for the entire weekend or spend the night at camp. Most guests, however, will be full weekenders.
- Note: Laird West Lodge is the only unit with indoor bathrooms for those with mobility needs. All other units have stairs and separate bath houses.
- Unit housing is on a first come / first served basis. When it's full; it's full. Have a backup unit in mind ...or just try a unit that you've never stayed in before. It's an adventure and you're going to meet new people. Why not try new things?
- Choose a unit theme that excites you, but please know that we hope each participant will take part in activities highlighting our past 19 retreats throughout the weekend. Your unit theme is only part of Friday evening activities.
- Join the 2025 Adult Retreat Rallyhood and choose the cabin you want in your unit.



Bette's Treehouse

Hosted by Marta Lusk & Bri Hernandez
Theme: Make New Friends
Lodging: 8 to a cabin (except Cabin 1)



Horseshoe Arch

Hosted by Illeana Framjee & Marina Gomez
Theme: Ropin' the World
Lodging: 8 to a cabin



Horseshoe Bend

Hosted by Sabrina Landrum & Jeannine Sharp
Theme: Fun & Games in the Woods
Lodging: 8 to a cabin



Horseshoe Hollow

Hosted by Liz Scrogginthorpe & Sharin Whitesitt
Theme: Color My World
Lodging: 8 to a cabin



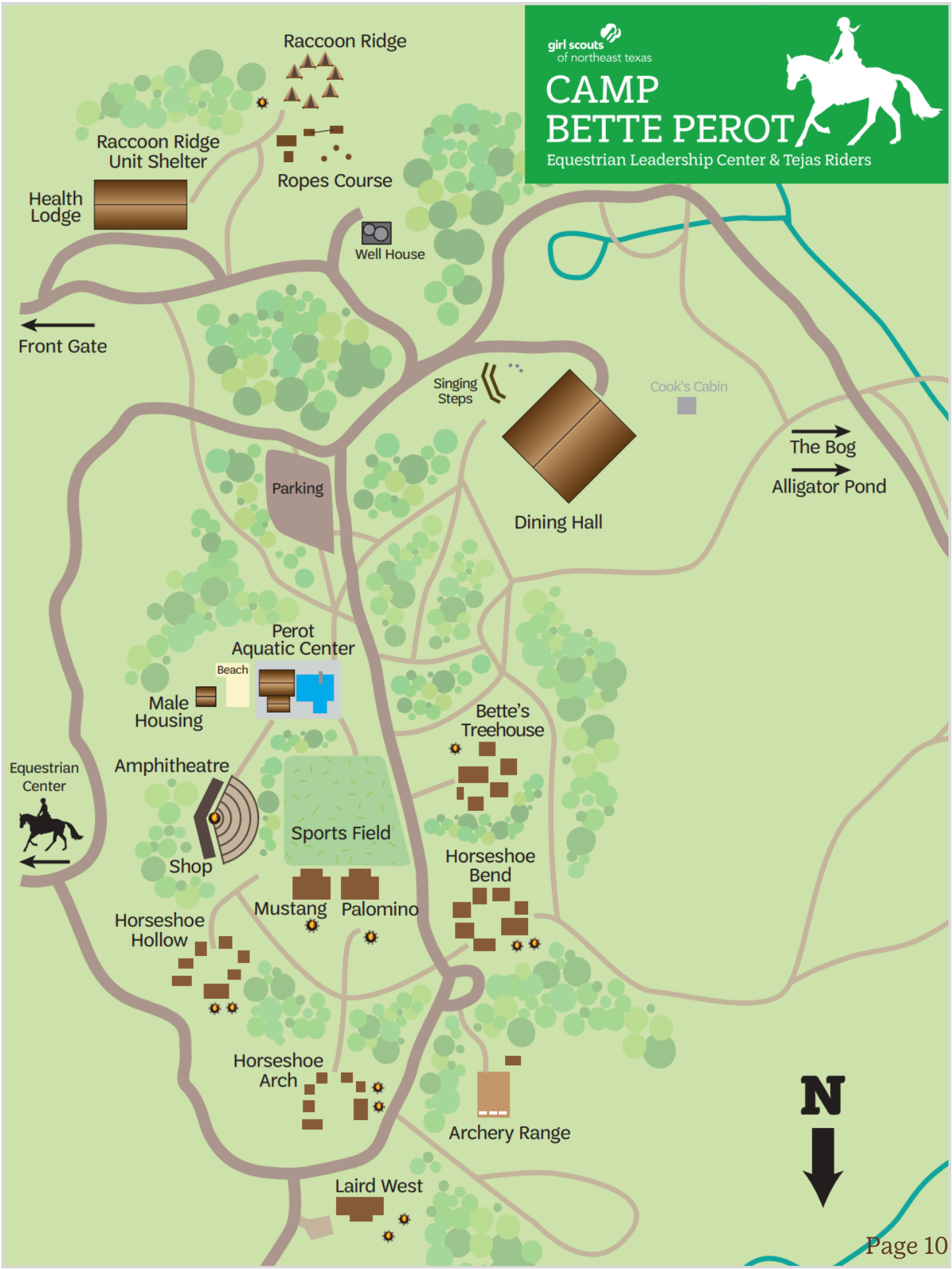
Laird West

Hosted by Erin Cooper & Katie Acosta
Theme: Travel the World
Lodging: Dormitory style with 10 beds per wing. Indoor bathrooms. Accessable access.



Raccoon Ridge

Hosted by Kate Marshall & Krystal Kazi
Theme: Creature Comforts
Lodging: 4 to a platform tent or bring your own tent (limited)


girl scouts of northeast texas
CAMP BETTE PEROT
Equestrian Leadership Center & Tejas Riders
Raccoon Ridge
Raccoon Ridge Unit Shelter
Ropes Course
Health Lodge
Well House
Front Gate
Singing Steps
Cook's Cabin
The Bog
Alligator Pond
Parking
Dining Hall
Perot Aquatic Center
Beach
Male Housing
Bette's Treehouse
Equestrian Center
Amphitheatre
Sports Field
Shop
Horseshoe Bend
Mustang
Palomino
Horseshoe Hollow
Horseshoe Arch
Archery Range
Laird West
N

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Step 2: Make your path!

Study the class schedule overview

Let your creativity bloom in hands-on workshops where you'll craft, cook, sing, dance, and connect—making new friends and unforgettable memories along the way.

Block 1
9:15 - 10:30 am

- Archery
- Beginning/intermediate crochet
- Book folding
- Creative Mindfulness Activities for All Ages
- Garden Stepping Stones
- Getting Started with SWAPS
- Girl Scouts Singing Around the Campfire
- High Ropes
- Horseback Riding
- iNaturalist app
- Jam/Jelly Class
- Knitting Loom Ear Warmers
- Knots: Mastering the Basics
- Looking back: Paint your way through the past
- Macramé Dream Catcher for Beginners
- Maker Space
- Power Tools & S'more Boxes
- Recycled Jewelry - Fabric Beads
- relaxation station
- Rock Stars
- Sand Glass Etching with Color
- Sewing Class
- T-Shirt Blanket

Block 2
10:50 - 12:05 pm

- Axe Throwing Basics
- Beaded Garden Stakes
- Beginning Guitar
- Create your own colorful tie-dye shirt
- Cricut T-Shirt Design
- Get Ready. Go Hike. Survive.
- Hike with a Master Naturalist
- Jam/Jelly Class
- LASHING & PIONEERING
- Maker Space
- Passion Pour
- Phone Photography
- Power Tools & S'more Boxes
- relaxation station
- Seeing our past through a looking glass
- SWAPS - Past, Present, and Future
- Sweet Treats: Hot Chocolate Bomb Class
- Travel Plannng - A Conversation
- Woodburning & Creative Design

Double Butter Soaps & Body Balms

Harry Potter Trivia & Butterbeer: Advanced Wizardry Edition

Lunch in Dining Hall or...

The following two classes begin in Block 2 and run over lunch (10:50am-1:15pm):

Sophie's French Cooking

Cook the Trend

Block 3
2:00 - 3:15 pm

- Archery
- Basic Home Repairs
- Beaded Garden Stakes
- Charcuterie boards and mocktails
- Do you want to build.....a Terrarium?
- DSLR Photography
- Girl Scouts Singing Fun, Silly & Action Songs
- Have a bone to chew on? Try this.
- High Ropes
- Horseback Riding
- Intermediate Guitar
- Learn to cross stitch
- Maker Space/ Tent Repair Clinic
- Making kandi bracelets with pony beads
- Meditation & Yogic Breath Work
- Paracord Bracelets
- Red Trail Hike to the Bog
- relaxation station
- SWAPS - Past, Present, and Future
- Sweet Treats: Hot Chocolate Bomb Class

Block 4
3:45 - 5:00 pm

- "Step In Time": Creating a Time Capsule
- First Aid / AED / CPR certification
- Axe Throwing Basics
- beaded wind chimes
- Charcuterie boards and mocktails
- Cricut T-Shirt Design
- Crochet Beaded Socks
- Hacking the Teenage Brain: How to Lead and Engage Older Girl Scouts
- Maker Space
- More fun with SWAPS!
- Mosaic Madness
- Songs for Saturday Night Program
- String Art
- Ukelele with Pat
- Woodburning & Creative Design

Double Block: Geocaching

Double Block: Playful Prototypes

Double Block: Resin Geodes

Dinner in Dining Hall or...

The following three classes begin in Block 4 and run over dinner (3:45-7:00 pm):

Easy-Peasy Dinner

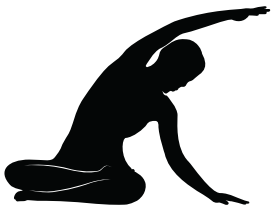
Pie Iron

Beginner Camp Cooking



CLASSES I'D LIKE TO TAKE:





Early Morning Classes



All about the yolk



Instructor: Crystal Welch
Location: Pool House Screen Porch
Maximum 20 students

Come join us as we go through some gentle stretches and poses to wake up & energize our bodies to start off our day at Camp Bette Perot. This class is for all levels and a great way to wake up in the morning. No prior experience needed to join. Meet yourself and me on your mat to get started

Supplies:
Yoga mat, Yoga block (if you have one/not necessary but sometimes helpful) a beach towel or light blanket.

Basic Car Care 101: Essential Skills for Every Driver



Instructors: Laura Williams
Location: Sports Field Parking Lot
Maximum 10 students

Class Description:

- Empower yourself with the knowledge and confidence to handle basic car maintenance! In this hands-on class, you'll learn three essential skills every driver should know:
- ✅ Changing a Tire – Learn how to safely and efficiently change a flat tire, including using a jack, removing lug nuts, and installing the spare.
- ✅ Checking Oil and Fluids – Understand how to check and top off your engine oil, coolant, brake fluid, and windshield washer fluid to keep your car running smoothly.
- ✅ Jump-Starting Your Car – Gain the confidence to jump-start a dead battery using jumper cables and another vehicle, with safety tips to avoid common mistakes.
- Whether you're a new driver or just looking to brush up on your skills, this class will leave you prepared for common roadside situations. Hands-on practice included!

Supply List:

- Car, Jumper Cables, car jack and tire iron

block 1

create your weekend...
Which block 1 class would you like to take?

Saturday, Block 1 Classes start at 9:15 am. Pick one, but have a backup in mind!

Archery



Instructors: Elizabeth Williams
Location: Archery Range
Maximum 12 students

Step into the world of archery and discover the thrill of hitting your mark! This beginner-friendly class is designed to teach you the core skills and techniques needed to develop accuracy and confidence with a bow. With expert instruction and hands-on practice, you'll build the skills necessary to hit the bullseye and enjoy the art of archery.
Ready, aim, fire!

All Supplies Provided.

Beginner-Intermediate Crochet



Instructor: Debbie Brown & Beverly Kaufmann
Location: Laird West Back Porch
Maximum 10 students

Beginners:
We will introduce basic stitches.

Intermediate:
Advance beyond basic to Learn the following:
Reverse stitch
Shell stitch
Double together stitch
How to read crochet patterns

Supplies provided
Bring your Girl Scout curiosity and spirit for a fun class time.

Book Folding



Instructor: Jennifer Chatterly
Location: Sports Field Pavilion
Maximum 30 students

You will get to turn an old book into a beautiful picture on the outside using the pages

Supplies:
Pencils (Pencils sharpener if you need it)
1 pair of Scissors
1 ruler with cm and mm (the ones that we get for our kids)

Creative Mindfulness Activities for All Ages



Instructors: Patricia Marshall
Location: Pool House Screen Porch
Maximum 16 students

Join us as we explore mindfulness and self-reflection activities. In this class we will explore several medias and techniques that you can use with kids, teens and even adults. We will also discuss additional ideas for you to try on your own. This class requires you to bring your imagination and creativity.
All supplies provided.

Garden Stepping Stones



Instructor: Becca Ikle
Location: Horseshoe Bend Outside Picnic Tables
Maximum 24 students

Come learn how to design colorful and creative garden stepping stones for your garden or outdoor area!! You'll learn how to mix and pour cement into fun shaped molds and add your decorative touch to it to make it unique and personalized. This activity is perfect for all age levels, and it's an awesome activity for earning any of the outdoor art/design badges!!

Supplies:
Garden Stepping Stones
10 or 12 inch circle, square, or any other shaped stepping stone mold.
Plastic bags or cardboard boxes.
1 bag of mosaic tiles
Any additional beads, shells, or stained glass pieces that you want to add around the letters.

Getting Started with SWAPS



Instructors: Debbie DeBrun & Lindsey DeBruin
Location: Arch Unit Shelter
Maximum 30 students

Are you new to SWAP making or perhaps a little SWAP impaired? Then this is the class for you! Learn how to create unique SWAPs that you can share with your troop or just enjoy making, trading, and collecting. We will be breaking down the process from idea to final product. There will be hands-on SWAP making and you will leave with SWAPs you have made in class.

Supplies:
20-25 safety pins
1 gal Ziplock bag labeled with your name
Optional: Any pre-made SWAPs you would like to trade

Girl Scouts Singing Around the Campfire



Instructor: Pat Sherwood
Location: Stage
Maximum 35 students

Join in a slow song sing along. Chords will be provided.

Supplies:
Smiles and voices. Chairs and instruments are optional.

Double Block: Double Butter soaps & Body Balms (Block 1 & Block 2)



Instructor: Crystal Welch
Location: Pool House Lodge
Maximum 12 students

Come learn how to make a luxurious double butter soap & a body balm free of chemicals to take home and nourish your skin. A great skill to teach your Girl Scouts. You will learn the cold lye method using shea butters and oils to create a fabulous soap & taking home 12 cubes (bring your trays/I find mine at TJMax or homegoods) and the recipe to explore more on your own. The body balm is made from 3 shea butters and a few other ingredients that will soothe even the driest skin. It is a wonderful way to be sustainable and healthier

Supplies:
2- large 6 square silicone ice cube trays & 2- 4 oz. jars (any kind) (I prefer glass myself)

⚡Double Block: Harry Potter Trivia & Butterbeer: Advanced Wizardry Edition ⚡ (Block 1 & 2)



Instructor: Theresa Ellington
Location: Dining Hall (Center)
Maximum 20 students

Back by very popular demand for its third magical year — and now double the fun! Join us for an expanded Harry Potter experience where you'll put your wizarding knowledge to the test in trivia rounds inspired by both the books and films. This year, we're adding even more enchantment: you'll craft your very own wand (Ollivander would approve!), learn simple techniques to bring the craft back to your troop, and of course, brew up a round of signature Butterbeer to enjoy while we play. Whether you're a first year or returning prefect, this magical meet-up promises spells, sips, and serious house pride!

Supplies:
Hot glue gun (mini stick size - thin colored glue sticks provided)
Plastic Knitting Needle (Dollar Tree)

High Ropes



Instructor: Lex Shepherd
Location: Ropes Course
Maximum 15 students

Come climb to the highest heights and try out one or more of the elements on our high ropes course.

No Supplies Needed. Come with courage to try new things.

Horseback Riding Class



Instructor: EQ Staff
Location: Barn
Maximum 20 students

Riding horses is fun but physically demanding. Participants must be able to mount their horse with only minimal assistance (BPEQ does not allow the use of mounting blocks.) Once mounted you will enjoy a trail ride along the BP trail network. Helmets are provided and must be worn by all participants.

All participants must wear Long Pants and Heeled shoes/boots (NO tennis shoes). Boots can be borrowed from the barn.

iNaturalist App



Instructor: Dawn Bahr
Location: Ridge Lodge
Maximum 20 students

After their app (iNaturalist) is downloaded on your phone, members from the East Texas Chapter of Master Naturalists will hike with you to identify flora and fauna at camp. This is a great resource to share with your troop on campouts and hikes. A hotspot will be provided to facilitate app downloading at the beginning of class.

Participants need to bring: (charged) Smartphone

Jam or Jelly Making Class



Instructor: Kate Marshall
Location: Treehouse Kitchen
Maximum 16 students

Jam and jelly-making returns after a 7-year break! In this updated - and shortened - version of the class, participants will make either a jar of jam or a jar of jelly. You will learn how to make your own jam or jelly at home without having to buy special equipment using a simple modern method to sterilize and seal jars. One class will make jam, the other jelly, but participants will take a jar of each home with them on Sunday. Your great-grandmother would be so proud! You won't know which you are making until class starts but you'll learn the technique for both.

PGL: Junior - Ambassador

Optional supplies: A 3-4" square of pretty fabric to decorate each jar lid.

Knitting Loom Ear Warmers



Instructor: Carly Williams
Location: Palameno Porch
Maximum 12 students

Come cozy up and learn how to make your own ear warmers using a knitting loom—no needles required! This beginner-friendly class is perfect for anyone who wants to get crafty, stay warm, or make a thoughtful handmade gift. We'll walk you through the basics, and you'll leave with a finished ear warmer and the skills to keep making more at home.

Supplies:
A 36 peg knitting loom in a chunky gauge, a loom hook, and 100g of bulky or super-bulky weight

Knots: Mastering the Basics

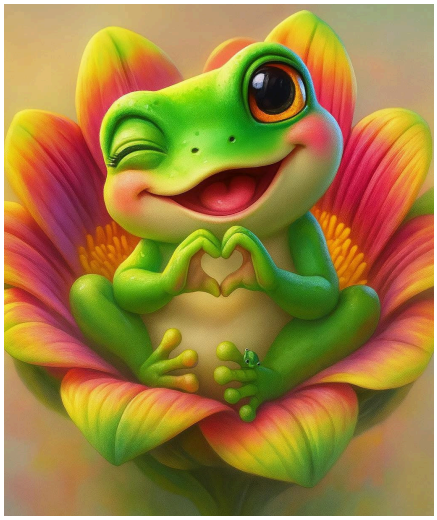


Instructor: Margaret Button
Location: Dining Hall Picnic Tables
Maximum 15 students

Whether you're tying your first bowline or just need a refresher, this hands-on session will help solidify key knot-tying skills. Expect to practice essential knots, learn their uses, and engage in interactive knot games that troops can take home to sharpen their skills. Have specific knot-related questions? Bring them along—this session is designed to help answer them! Rope or paracord for practice will be provided.

Supplies:
Notebook and pen (optional).

Looking Back: Paint Your Way Though The Past



Instructor: Amber Troxtell
Location: Horseshoe Bend Unit Shelter
Maximum 12 students

Looking Back: Paint your way through our past

Enjoy painting a pre-designed canvas of our past retreat themes.

Supplies needed:
Set of paint brushes (Sabel, Faux, Nylon)

- A small one for fine detail and lettering
- A medium flat square one for filling in areas
- A large flat square one for painting large areas

Supplies provided:

- Pre-designed canvas of our past logos and themes over the years
- Acrylic paint (eight standard colors)

Macramé Dream Catcher for Beginners



Instructor: Paula Hiett
Location: Treehouse Fire Circle
Maximum 12 students

Discover the relaxing and creative art of macramé by crafting your very own dream catcher! Perfect for beginners, this class will guide you step-by-step through a simple yet beautiful macramé pattern using basic knots and techniques. By the end of the session, you'll leave with a handcrafted piece perfect for your home or as a thoughtful gift.
Whether you're new to crafting or just want to try something fun and meditative, this class offers a peaceful space to create and connect.

Student Supply List:

- 3mm macramé twisted cotton cord can also use Jute cord
- One 10-inch wooden or metal craft ring
- Scissors
- Craft glue
- Masking tape

Power Tools & S'more Boxes



Instructor: Natalie Lozano
Location: Mustang Porch
Maximum 12 students

Come build your very own outdoor s'more box while learning to safely use essential power tools like a circular saw and drill. In this hands-on class, you'll gain confidence with tools and walk away with a functional (and fun!) project perfect for backyard gatherings or your next camping trip. No experience needed—just bring your enthusiasm!

Supplies to Bring:

- Safety glasses
- Work gloves
- Drill and Circular saw (optional)

Recycle Jewelry - Fabric Beads



Instructor: Tiffany Moser
Location: Dining Hall Left Side
Maximum 20 students

Continuation of paper beads from last year, but can be taken individually. We will be taking sheets of fabric and pre-treating them with glue/water mixture. I will have some sheets already pretreated to proceed with measuring and cutting bead shapes. Then, we will roll the beads and finalize them. Take home projects will need to dry before they can be turned into jewelry, but I will have jewelry making materials for later. This class is fun to teach kids of all ages for a patch, but specifically Junior's Jewelry Badge.

Supply list
A plastic serving tray (preferably rectangle) I get mine from Dollar Tree. I will bring all the rest of the materials for class use. After class, finish up optional supplies: scissors, clear ruler, specific color/print fabrics, and jewelry pliers.

Rock Stars



Instructor: Melissa Macias
Location: Treehouse Back Porch
Maximum 12 students

Rock & Relax: Adult Rock Painting Class
Unwind, get creative, and discover the joy of transforming simple stones into beautiful works of art. In this relaxed, beginner-friendly class, you'll learn painting techniques, design ideas, and how to use color and texture to bring your vision to life. Whether you're looking for a new hobby, a mindful escape, or handmade décor for your garden or home, this class is the perfect way to express yourself—one rock at a time.

What to Bring:
• Clean, smooth rocks (about palm-sized works best)
• Acrylic paints and brushes
• A small cup for water & paper towels
• A palette or paper plate for mixing colors
• Optional: paint pens, sealant, or stencils

Sand Glass Etching with Color



Instructor: Carol Bowman
Location: Poolhouse Porch
Maximum 12 students

Join us for a hands-on glass etching experience using stencils and a sandblast gun! Whether you're working on a decorative mirror or a unique glass piece, this workshop is a fun way to create personalized etched designs.

What to Expect:

- Use plastic stencils provided by the instructor, or bring your own design.
- Cricut users: Bring your cutouts intact—we'll show you how to apply them properly to your glass item.
- After etching, you can leave your piece with a classic frosted look or add some color for extra flair!

What to Bring:

- A glass item of your choice to etch (mirror, glassware, etc.).
- Optional: Your own stencils or Cricut cutouts.
- Optional: Your own safety glasses.

No prior experience needed—just bring your creativity and get ready to have fun!

Sewing a Bag with Handles



Instructor: Patty Townsend
Location: Laird West Lodge
Maximum 12 students

In this hands-on sewing class, participants will create a stylish, functional fabric bag with handles. A variety of fabric designs will be available to choose from—including both Girl Scout-themed and general prints—allowing each participant to personalize their project

Provided Supplies:

- Fabric in assorted designs
- Patterns
- Irons and ironing boards

What to Bring:

- Sewing machine (must know how to operate it)
- Thread
- Scissors
- Ruler
- Pins
- Seam ripper

Whether you're sewing for the first time in a while or looking for a creative outlet, this class offers a fun and rewarding experience for those ready to put their sewing skills to use!

T-Shirt Blanket



Instructor: Rebecca Vallo
Location: Horseshoe Hollow Unit Shelter
Maximum 15 students

You/your daughter's GS shirts, or maybe sports, or school shirts that have been accumulating in the closet can become a treasured and useful blanket. In this class you will learn the method and get started on the project. We will NOT be sewing. No sewing machine required until you work on it at home. Also note that it is not quilted, no need for a fancy machine or hours and hours of quilting by hand. I took this class years ago at a Retreat and actually made my blanket later at home. You can too.

Supplies:
4 to 8 clean T-shirts (you are willing to cut up)
Fabric scissors
Ruler
pen for taking notes
a large bag to carry your project away would be helpful

block 2

create your legend...
Which block 2 class would you like to take?

Saturday, Block 2 Classes start at 10:150 am. Pick one, but have a backup in mind!

Axe Throwing



Instructors: Laura McNeely and Laura Williams
Location: Archery Range
Maximum 12 students

Unleash your inner lumberjack in this fun and exciting axe throwing class! Perfect for beginners and enthusiasts alike, this class will teach you the fundamentals of axe throwing while emphasizing safety and technique. All supplies will be provided.

Beaded Garden Beads



Instructor: Michelle Pettigrew
Location: Treehouse Fire Circle
Maximum 12 students

Join me for a fun and creative hands-on workshop where participants learn how to make decorative garden stakes using beads and wire. These colorful, whimsical stakes can be used to add flair to gardens, potted plants, or flower beds.

All supplies will be provided

Beginner Guitar



Instructors: Sue “Birdie” Wilber
Location: Stage
Maximum 12 students

Learn the basics of playing the guitar and learn to play several easy songs in the space of this class! Participants must bring their own guitar.

Create your own colorful tie-dye shirt



Instructor: Allison Despain
Location :West Laird Back Porch
Maximum 20 students

Create your own colorful tie-dye shirt.

All supplies will be provided

Cricut T-Shirt Design



Instructor: Bonnie Downing
Location: Left side Dinning Hall
Maximum 6 students

Learn to use Cricut's Design Space software to create word art or your leader "catchphrase". Once your design is finalized, it will be "cut" on a Cricut machine and transferred with a heat press to create a t-shirt that represents your unique leadership style. Participants will need to bring a t-shirt.

Get Ready. Go Hike. Survive



Instructor: Emily Barker
Location: Dinning Hall Picnic Tables
Maximum 15 students

Learn the #1 tool needed to successfully survive in all types of wilderness, be it a remote hiking trail in Alaska, state parks across Texas, or your next troop meeting. Participants will leave with a meeting plan and materials to take home. This hands-on class will teach the foundations of wilderness and outdoor survival and is suitable for all camping skills and troop levels. Come prepared for a short hike.

Supplies:
Sturdy walking/hiking shoes, water bottle

Hike & explore wiith a Master Naturalist



Instructors: Rebecca Vallo And Dawn Bahr
Location: Ridge Pavilion
Maximum 20 students

Take a hike through camp without technology and learn to identify plants, animal tracks, and insects with the local chapter of International Master Naturalists leading you on the trail.

Jelly and Jams



Instructor: Kate Marshall
Location: Treehouse Kitchen
Maximum 16

Jam and jelly-making returns after a 7-year break! In this updated - and shortened - version of the class, participants will make either a jar of jam or a jar of jelly. You will learn how to make your own jam or jelly at home without having to buy special equipment using a simple modern method to sterilize and seal jars. One class will make jam, the other jelly, but participants will take a jar of each home with them on Sunday. Your great-grandmother would be so proud! You won't know which you are making until class starts but you'll learn the technique for both.
PGL: Junior - Ambassador
Optional supplies: A 3-4" square of pretty fabric to decorate each jar lid.

Lashing and Pioneering



Instructor: Doreen Brown
Location: Sports Field
Maximum 12 students

Are you ready to take your outdoor skills to the next level??
Learn to build campsite amenities with ropes and sticks! We will learn the skills needed to build a table, cooking tripod, and a dishwashing station.
Please practice tying a clove hitch and square knot:
http://www.2020site.org/knots/clovehitch.html
http://www.2020site.org/knots/squareknot.html

Passion Pour



Instructors: Rebecca King and Virgie Beatty
Location: Sports Field Pavillion
Maximum 25 students

Create two works of art simultaneously using acrylic pour paint. The technique creates a magical pattern that is unique and interesting. You will create a one-of-a-kind vase that can hold flowers or be turned into a decorative nightlight and an eye catching canvas masterpiece for your wall.

Students will need to bring 2 vases
Optional: acrylic paint in your favorite color

Phone Photography



Instructor: Rita Stabile
Location: Laird West Front Yard
Maximum 10 students

Learn to maximize your phone's potential by understanding basic concepts of photography. We will discuss the rule of 3rds, use of aperture to elevate your photos and framing/positioning the subjects.

Student Supply List: cell phone and one item to photograph as your subject (ex: small figuring, doll, stuffed animal, piece of fruit, your shoe ... literally anything)

Power Tools & S'more Boxes



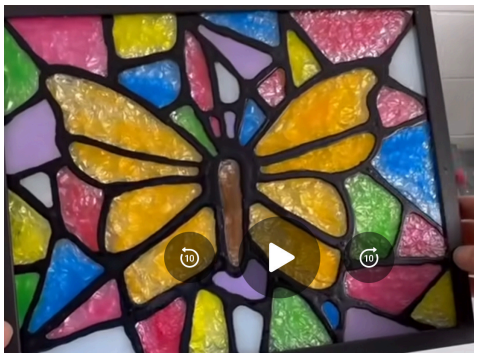
Instructor: Natalie Lozano
Location: Mustang Porch
Maximum 12 students

Come build your very own outdoor s'more box while learning to safely use essential power tools like a circular saw and drill. In this hands-on class, you'll gain confidence with tools and walk away with a functional (and fun!) project perfect for backyard gatherings or your next camping trip. No experience needed—just bring your enthusiasm!

Supplies to Bring:

- Safety glasses
- Work gloves
- Drill and Circular saw (optional)

Seeing Our Past through a Looking Glass



Instructors: Amber and Mendy Troxtell
Location: Palomino Porch
Maximum 25 students

Seeing our past through a looking glass.
Learn how to make a window frame.

Supplies Needed:
8x10 Picture Frame
5x4 or 4x5 clear picture of an animal, bug, or reptile

SWAPS - Past, Present and Future



Instructors: Estee Easley/Brandy McCabe
Location: Horseshoe Arch Unit Shelter
Maximum 25 students

Discover which SWAPS have been popular through the years, learn to quickly brainstorm SWAPS ideas, and make multiple SWAPS for your own SWAP hat!

Supplies:
SWAP hat or lanyard

Sweet Treats: Hot Coco Bombs

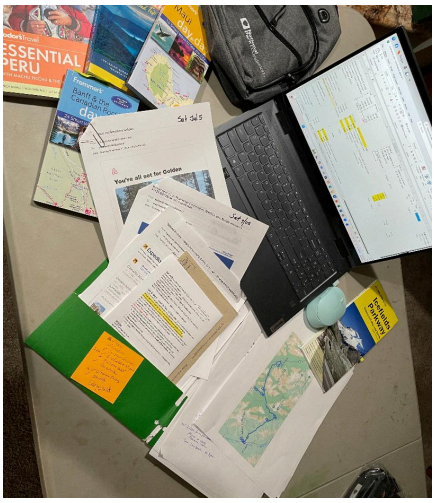


Instructor: Tina Bilbrey
Location: West Laird Lodge
Maximum 10 students

Get cozy and learn to make your own delicious hot chocolate bombs! In this hands-on class, you'll discover the art of crafting these tasty treats from scratch.
- Learn the basics of working with chocolate
- Create your own hot chocolate bomb recipe
- Take home your handmade hot chocolate bombs

No Supplies Needed

Travel Planning - A conversation



Instructor: Rebecca Vallo
Location: Treehouse Porch
Maximum 12 students

Rebecca Vallo is a Lifetime Girl Scout, former troop leader, and an avid traveler who enjoys camping, hiking, road trips and—perhaps most of all—digging into the details of trip planning. From researching destinations and transportation to booking accommodations, Rebecca brings both enthusiasm and experience to the process.

Session Overview:
Join Rebecca for an interactive conversation about trip planning. She'll kick off the discussion by sharing her personal approach and insights, then open the floor for participants to share their own questions, tips, and experiences.

Topics to be Covered:
Ways to begin planning a trip, especially to unfamiliar destinations
Strategies for guiding girls through collaborative decision-making
Favorite travel apps for research and reservations—and why
Smart packing tips: what to bring, what to leave, and how to decide

Supplies:
Note paper and pen

Woodburning & Creative Design

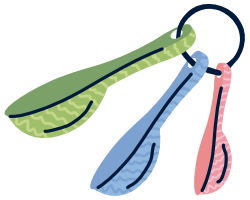


Instructor: Stephen Spears
Location: Horseshoe Hollow Unit Shelter
Maximum 8 students

In this hands-on class, you'll learn the art of woodburning with a variety of fun projects to choose from. Whether you're new to wood burning or already a pro, there's something here for everyone.

You'll start by choosing from a collection of templates to trace onto a wood square or natural wood slice. Want to go bold? Try a scorch gel technique paired with a heat gun to bring more intricate designs to life. You'll also have the option to create a personalized name tag or add pops of color with paint to make flowers, shapes, or letters stand out.

Supplies:
If you want a specific design, bring a printed copy to trace.



cooking over lunch

Instead of lunch in the Dining Hall, consider having a Block 2 & Cooking Over Lunch experience. We're offering a limited number of spots across a variety of experiences. Group size is limited to 12 for intimate settings.

*Scouts Honor: Please only sign up for one “Cooking Over” session (either breakfast, lunch or dinner) to give as many people as possible a cooking over opportunity.

Sophie’s French Cooking



Instructor: Sophie baweja
Location: Horseshoe Bend Fire Circle
Maximum 16 students

Back by popular demand, Sophie's French Cooking will teach you to make Tartiflette, a hearty casserole of potatoes, onions, meat, and cheese enjoyed by French skiers after a day on the slopes. Sides will include rosemary biscuits and a vegetable dish. And what French cooking class would be complete without crepes for dessert? Participants will eat this meal for lunch instead of in the dining hall. Anything you can make in a kitchen you can make over a campfire and by the end of this class you'll feel like you've spent the morning in the French Alps!

PGL: Junior - Ambassador
Supplies needed: Bring a mess kit.

Cook the Trend: Recipes Everyone’s Sharing



Instructor: Briana Hernandez
Location: Horseshoe Bend Unit Shelter
Maximum 14 students

Join us for a fun, hands-on cooking class where we’ll whip up some of the internet’s most viral and talked-about recipes! We’ll explore a variety of trending dishes—including the creamy Boursin pasta and the refreshing viral cucumber salad—that are perfect for troop gatherings, potlucks, or weeknight dinners.

No fancy skills needed—just bring your appetite and a sense of adventure. You’ll leave with new recipes, helpful tips, and plenty of inspiration to take back to your kitchen.

Supplies:
We will have a list as it gets closer for sign up to bring something to the class (such as a veggie or a block of cheese)

block 3

create your legend...
Which block 3 class would you like to take?

Saturday, Block 3 Classes start at 2:00 pm. Pick one, but have a backup in mind!

archery



Instructors: Elizabeth Williams
Location: Archery Range
Maximum 12 students

Nock an arrow, take aim, and let it fly as you learn archery safety while practicing your skills at the range. All supplies will be provided.

Basic Home Repairs



Instructor: Doreen Brown
Location: Horseshoe Bend Unit Shelter
Maximum 12 students

You can fix it! Build your confidence and learn practical skills that will save you money and stress. In this hands-on class, you'll learn how to use essential tools while practicing real-life repairs — patching a hole in drywall, repairing a faucet, and swapping out a light fixture. Practicing these skills with us will be the beginning of your DIY journey — empowering you to tackle small home repairs on your own!

Beaded Garden Stakes



Instructor: Michelle Pettigrew
Location: Treehouse Fire Circle
Maximum 12 students

Join me for a fun and creative hands-on workshop where participants learn how to make decorative garden stakes using beads and wire. These colorful, whimsical stakes can be used to add flair to gardens, potted plants, or flower beds.

All supplies will be provided

Charcuterie boards and Mocktails





Instructors: Andrea Ward and Michelle Nichols
Location: Pool house lodge
Maximum 12 students

Looking for a fun and festive idea to bring to your next holiday party? Join us for a hands-on, deliciously creative experience where we'll dive into the art of building beautiful charcuterie snack boards and mixing up flavorful, fizzy mocktails! Whether you like to keep it simple or go all out, we'll share unique themes, easy pairing ideas, and crowd-pleasing combos that'll wow your guests—no fancy experience needed (thank you, internet!). You'll leave with tips, inspiration, and confidence to build your own stunning board paired with the perfect holiday bubbly.

What to Bring:

- Pick a board—any board you LOVE—and bring it along! Don't have one yet? No problem! Check out your local Dollar Tree for cute and affordable options.
- Bring your favorite bubbly drink that pairs with apple or cranberry. Want to jazz it up? Feel free to bring a fresh herb (like mint or rosemary) or fruit to stir in! • Keep an eye out for an email from Michelle and Andrea with a link to purchase 1 small item for the group to share. Prefer to donate a few dollars instead? We've got you—because sharing is caring!

What to Expect:
A laid-back, laughter-filled time with:
Snacks and mocktail samples
Helpful guidance and ideas
A little creativity, a lot of good vibes
What's Provided:
We'll send a supply sign-up list by email along with all the details you'll need. Just come ready to create, sip, and celebrate the season with new friends and tasty bites!

Let's gather, get festive, and make something delicious—cheers to the holidays ahead!

Do you want to build...a Terrarium?



Instructors: Christina Bryant and Elizabeth Harris
Location: Racoon Ridge Lodge
Maximum 12 students

We are going to build an adorable terrarium! There are so many things you can include in them to make them fit any design you want. Best of all, they bring some of the fabulous outdoors inside.

Supplies:
A glass bowl - at least 6 inches in diameter. Any special trinkets, or adornments you want to include. We will send some more ideas of what to bring when we get closer to the retreat

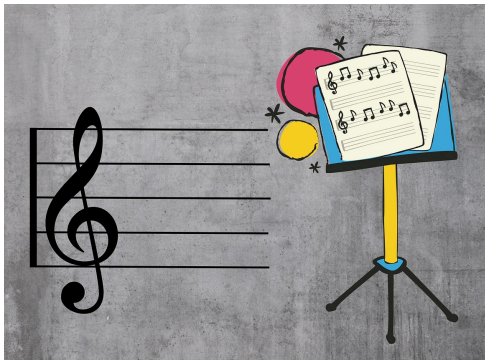
DSLR Photography



Instructor: Rita Stabile
Laird West Front Yard
Max 10
Description: Time to move away from “auto” mode and learn the basics of how to properly determine proper exposure using the exposure triangle method for your DSLR camera. The goal is to leave the class confidently shooting in full manual or aperture priority mode.

Student Supply List: DSLR camera and one item to photograph as your subject (ex: small figuring, doll, stuffed animal, piece of fruit, your shoe ... literally anything)

Girl Scouts Singing Fun, Silly & Action Songs



Instructor: Pat Sherwood
Location: Stage
Maximum 35 students

Stand up, sit down, hands to the sky and to the toes songs.
Repeat after me and dance with joy songs.
Supplies:
Smiles and voices. Chairs and movement are optional.

Have a bone to chew on? Try this..



Instructor :Phillip El Lobo Klnstley
Location: Palomino Porch
Maximum 24 students

Are your girls interested in a career in Biology, Anthropology, Archeology, Environmental studies or any of the Medical fields,? Here is an exciting and fun activity for YOU to do so that you may relate to their interests. We will be studying 'owl pellets' to learn the basics of body organization and how to identify species based upon their bone structure. Bring your curiously and a face mask. Trust me I'm a biologist. We will have fun and you will learn something new.

Supplies:
An N95 style mask and your cell phone camera.

High Ropes



Instructor: Lex Shepherd
Location: Ropes Course
Maximum 15 students

Come climb to the highest heights and try out one or more of the elements on our high ropes course.

No Supplies Needed. Come with courage to try new things.

Horseback Riding



Instructor: EQ Staff
Location: Barn
Maximum 20 students

Riding horses is fun but physically demanding. Participants must be able to mount their horse with only minimal assistance (BPEQ does not allow the use of mounting blocks.) Once mounted you will enjoy a trail ride along the BP trail network. Helmets are provided and must be worn by all participants.

All participants must wear Long Pants and Heeled shoes/boots (NO tennis shoes). Boots can be borrowed from the barn.

Intermediate guitar



Instructor: Sue “Birdie” Wilber
Location: Stage
Maximum 12 students

Do you have a guitar? Has your progress stalled and you want to play chords so you can sing with your girls, friends, at campfires, or just for yourself? I will guarantee you will play several songs in 10 minutes! Just think what you will learn in an hour!!

Learn to Cross Stitch



Instructor: Cindy Katuin
Location: Treehouse Lodge
Maximum 15 students

Join us as we cross stitch a simple Girl Scout trefoil. Learn how to read a pattern, start and end your stitches. Pattern, fabric and floss will be provided.

Supplies:
Please bring a small pair of sharp scissors and magnification if needed

Making Kandi Bracelets with Pony Beads



Instructors:Jennifer Parks/Skylar James Parks
Location: Dining Hall Left Side
Maximum 20 students

Learn the basics for making pony bead (kandi if you're hip with the lingo) bracelets of various patterns. We'll have some advanced examples also to show and give inspiration to take back to your troop.

Supplies:
No supplies needed unless you would like to bring your own pony beads, elastic thread, and/or plastic needle.

Meditation & Yogic Breath Work



Instructor: Crystal Welch
Location: Pool house Screen Porch
Maximum 20 students

Join us for a session of some yogic breath work designed to clear channels in the body along with some meditation. This class is open to anyone who wants to explore deeper breathing and coming to stillness through meditation. This can be very relaxing and help to find focus when life gets crazy. It is a great tool to teach anyone to help relieve stressful moments and times. No previous experience needed.

Supplies:
A blanket/towel or cushion(pillow) to sit on. If you have a meditation cushion that will work if not a folded blanket works great for this practice. If you can not sit on the floor you can still join while sitting in a chair also works. I will make sure a few chairs are available at our space

Paracord Bracelets



Instructor: Jennifer Chatterly
Location: Sports Field Pavillon
Maximum 15 students

We will be making the daisy paracord bracelets

Supplies:
Lacing needle or pliers
2 feet of yellow 550 paracord
4 feet of green 550 paracord
10 feet of any solid color 550 paracord
(Please have Measured and precut if Possible)

Red Trail Hike to the Bog



Instructor: Margaret Button
Location: Dining Hall Picnic Tables
Maximum 20 students

Join us for a scenic hike along the Red Trail exploring the natural beauty and unique ecosystem of the bog. If conditions permit and the boardwalk is accessible, we'll venture into the bog itself for an up-close look at its flora and fauna—including the rare carnivorous pitcher plant (Sarracenia alata), which traps and digests insects. Wear sturdy shoes and be prepared for an adventure!

Supplies:
Comfortable hiking shoes, weather-appropriate clothing, water bottle, small backpack, bug spray

SWAPS - Past, Present, and Future



Instructors: Estee Easley/Brandy McCabe
Location: Horseshoe Arch Unit Shelter
Maximum 25 students

Discover which SWAPS have been popular through the years, learn to quickly brainstorm SWAPS ideas, and make multiple SWAPS for your own SWAP hat!

Supplies:
SWAP hat or lanyard

Sweet Treats: Hot Chocolate Bomb



Instructor: Tina Bilbrey
Location: West Laird Lodge
Maximum 10 students

Get cozy and learn to make your own delicious hot chocolate bombs! In this hands-on class, you'll discover the art of crafting these tasty treats from scratch.
- Learn the basics of working with chocolate
- Create your own hot chocolate bomb recipe
- Take home your handmade hot chocolate bombs

No Supplies Needed

Tent Repair Clinic



Instructor: Rebecca Vallo
Location: Sports Field
Maximum 15 students

Do you have a tent that needs some TLC? Rebecca will have supplies to restring dome tent shock cords, nylon fabric patches and waterproofing spray. Bring either your entire tent, or just the poles for a Tent Repair Clinic in the MakeHerSpace area during Block 3 or immediately after the Saturday evening program until 10:00 pm.

Supplies:
Your tent is in need of repair.

Double Block : Geocaching (Blocks 3 & 4)



Instructor: Amber Troxtell
Location: Mustang Porch
Maximum 12 students

Come help create a geocaching for learning leadership and other important skills

Supplies Needed:
small container,must be water proof container and will last in weather conditions , small like a shoe box or smaller. Rectangle, round, square basically any shape. Pre-decorating before adult retreat. Phone with compass app or a compass

Supplies provided paper, pens

Double Block: Playful Protoypes (Block 3 & 4)

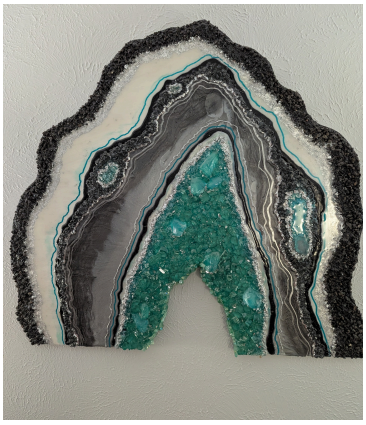


Instructors: Kathryn and Becca Ikle
Location: Horseshoe Hollow
Maximum 10 students

Playful Prototypes: Toy Design Lab. Unleash your creativity in Playful Prototypes: Toy Design Lab, where imagination meets hands-on design! In this engaging and interactive class, you'll step into the shoes of a toy designer, bringing their unique designs to life. You'll learn how to brainstorm and sketch an original toy design, create the toy design using mixed media materials, and build a 3D prototype of the toy. It's a fun way to learn about key product design principles such as functionality, problem solving, and creativity, and it aligns perfectly with the Girl Scout Product Designer Badge!!

Supplies:
Clean cardboard pieces - cereal boxes, paper towel rolls, packaging.
Buttons, Stickers, and Scissors
Fabric Scraps or Felt
String, yarn, ribbon, or rubber bands.
Magazines or Scrapbook Paper - to use for decorations and collages
Any additional items that you want to bring to personalize your toy design.

Double Block: Resin Geodes (Block 3 & 4)



Instructor: Cheryl Cleveland
Location: Laird West Back Porch
Maximum 12 students

Learn to make geodes from resin.

Supplies:
optional - respirator

block 4

create your legend...
Which block 4 class would you like to take?

Saturday, Block 4 Classes start at 3:45 pm. Pick one, but have a backup in mind!

Axe Throwing



Instructors: Laura McNeely and Laura Williams
Location: Archery Range
Maximum 12 students

Unleash your inner lumberjack in this fun and exciting axe throwing class! Perfect for beginners and enthusiasts alike, this class will teach you the fundamentals of axe throwing while emphasizing safety and technique.All supplies will be provided.

"Step In Time": Creating a Time Capsule



Instructors: Lizzy Seidemann and Joyce Higgins
Location: Laird West Lodge
Maximum 20 students

Jump back in time with us as we create a bridge through our shared heritage of time. We will jump back to 1987, as we explore the contents of a time capsule created by the Girl Scouts of Tejas Council that was previously opened at a Centennial Event in 2012. We will open another time capsule that should have been opened during the pandemic. Then you will use your creative energy to begin creating your own personal or troop time capsule and a mini scrapbook to place inside the capsule. This is an activity appropriate for all ages and will give you an introduction to our rich history.

What to bring:
A Large Tin Can (Juice size or larger)
OR a shoe box
Items from home to decorate your tin or box (optional) (We will have some supplies)
Elmer's glue and Scissors

First Aid/ AED/ CPR

Instructor: Denise Castille
Location: Dining Hall Center
Maximum Class 1 : 22 students
Maximum Class 2 23 students

Earn your certification and enhance your abilities and confidence with this hands-on experience in the Second part of your certification .

Beaded Wind Chimes



Instructors: Stefani Johnson and Laura DeBusk
Location: Treehouse Kitchen
Maximum 30 students

Add a pop of vibrant charm to your outdoor space with a handmade beaded wind chime.

Supplies:
driftwood or stick - 8 to 12 inch in length, 1/2 to 1 inch in diameter (we will have some for you to use

Charcuterie boards and Mocktails





Instructors: Andrea Ward and Michelle Nichols
Location: Pool house lodge
Maximum 12 students

Looking for a fun and festive idea to bring to your next holiday party? Join us for a hands-on, deliciously creative experience where we'll dive into the art of building beautiful charcuterie snack boards and mixing up flavorful, fizzy mocktails! Whether you like to keep it simple or go all out, we'll share unique themes, easy pairing ideas, and crowd-pleasing combos that'll wow your guests—no fancy experience needed (thank you, internet!). You'll leave with tips, inspiration, and confidence to build your own stunning board paired with the perfect holiday bubbly.

What to Bring:

- Pick a board—any board you LOVE—and bring it along! Don't have one yet? No problem! Check out your local Dollar Tree for cute and affordable options.
- Bring your favorite bubbly drink that pairs with apple or cranberry. Want to jazz it up? Feel free to bring a fresh herb (like mint or rosemary) or fruit to stir in! • Keep an eye out for an email from Michelle and Andrea with a link to purchase 1 small item for the group to share. Prefer to donate a few dollars instead? We've got you—because sharing is caring!

What to Expect:
A laid-back, laughter-filled time with:
Snacks and mocktail samples
Helpful guidance and ideas
A little creativity, a lot of good vibes
What's Provided:
We'll send a supply sign-up list by email along with all the details you'll need. Just come ready to create, sip, and celebrate the season with new friends and tasty bites!

Let's gather, get festive, and make something delicious—cheers to the holidays ahead!

Cricut T-Shirt Design



Instructor: Bonnie Downing
Location: Left side Dinning Hall
Maximum 6 students

Learn to use Cricut's Design Space software to create word art or your leader "catchphrase". Once your design is finalized, it will be "cut" on a Cricut machine and transferred with a heat press to create a t-shirt that represents your unique leadership style. Participants will need to bring a t-shirt.

Crochet Beaded Socks



Instructor: Juanette Alley
Location: Sports Field Pavillon
Maximum 12 students

Doing a basic chain stitch to add beads or buttons onto socks! Great for knowing where toddlers are, also fun for crazy 🤪 socks day in school! Please try learning to crochet a chain stitch with crochet thread.

Supplies:
Pair of Socks (best are fold-over cuff with ribs "Bobby socks). And maybe a small pair scissor, can also share, if you forget.

And if desired small ergonomic crochet hooks/needles (1,7,10 (2.75mm, 1.65 mm &/r 1.33 mm). Pony beads or smaller, crochet thread. I will bring some but it consumes time looking, picking through beads and thread. The hooks/needles needs to be small enough to go through beads or buttons, and small enough that it doesn't make holes in socks.

Hacking the Teenage Brain: How to Lead and Engage Older Girl Scouts



Instructor: Patricia Marshall
Location: Pool House Screen Porch
Maximum 16 students
Do you work with teens or are your girls quickly approaching those dreaded “teen” years?

In this class we will discuss some common challenges we face with older Girl Scouts, how to have difficult conversations, how to build trust and even how to address the dreaded “mean girl” behaviors. Don’t worry, we will learn a couple crafts and games too! No supplies needed, just an open mind.

More Fun with SWAPS!



Instructors: Debbie DeBruin and Lindsey DeBruin
Location: Horseshoe Arch Unit Shelter
Maximum 30 students

Can't get enough of SWAPs? Would you like to make more SWAPs? There will be hands-on SWAP making, including time to create your own using materials provided. You will leave with SWAPs you have made in class. There will be a SWAP exchange at the end of class.

Supplies:
20-25 safety pins
1 gal Ziplock bag labeled with your name
Any pre-made SWAPs you would like to trade

Mosaic Madness





Instructors: Christina Bryant and Elizabeth Harris
Location: Raccoon Ridge Lodge
Maximum 12 students

We are going to dive into the world of mosaics. You will use glass, or beads to create a stunning mosaic piece that will amaze your family and friends. Simple, yet fun, these designs will impress everyone with their timeless beauty.

Supplies:
Wooden base to decorate. Recommended size under 6" across at its widest, or you can choose a wooden picture frame. Any specific pattern you want to create. We will provide some to choose from but if you have something specific in mind, bring the pattern.

Songs for Saturday Night



Instructor: Sue “Birdie” Wilber
Location: Treehouse Porch
Maximum 20 students

Add words to a song you already know or put music to a poem you wrote or already enjoy. Class instructor, Birdie, will share legendary songs she has written or troops have written through the years. No instruments needed. Participants should bring pen and paper to write with.

String Art



Instructor: Linda Blake
Location: Stage
Maximum 20 students

Create a simple, easy, and inexpensive craft that can be used with any age group using string, nails, and wood. Assorted wood sizes, nails, paper, pencils, rulers, patterns, and embroidery floss will be provided.

Supplies needed:
Hammer

Ukelele with Pat



Instructor: Pat Sherwood
Location: Raccoon Ridge Lodge
Maximum 15 students

Basic, beginning Ukelele

Supplies:
Your Ukelele, ukelele tuner, ukelele capo. Picks are optional.

Woodburning & Creative Design

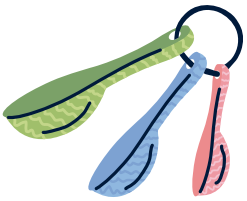


Instructor: Stephen Spears
Location: Horseshoe Bend Picnic Table
Maximum 8 students

In this hands-on class, you'll learn the art of woodburning with a variety of fun projects to choose from. Whether you're new to wood burning or already a pro, there's something here for everyone.

You'll start by choosing from a collection of templates to trace onto a wood square or natural wood slice. Want to go bold? Try a scorch gel technique paired with a heat gun to bring more intricate designs to life. You'll also have the option to create a personalized name tag or add pops of color with paint to make flowers, shapes, or letters stand out.

Supplies:
If you want a specific design, bring a printed copy to trace.



cooking over supper

New this year! Block 4 & Cooking Over Supper experiences! Consider cooking out with a small group instead of eating supper in the dining hall. Group sizes are limited to 12 for intimate settings.

The following classes begin in Block 4 and run over supper until 6:30 pm.

*Scouts Honor: Please only sign up for one “Cooking Over” session (either breakfast, lunch or dinner) to give as many people as possible a cooking over opportunity.

Easy Peasy Dinner



Instructor: Kate Marshall
Location: Horseshoe Bend Fire Circle
Maximum 16 students

This class is for you whether you've never cooked over a fire before or if you just love simple-to-make but delicious dishes. Everything in this class is beginner skill level but tastes gourmet! You will make Chicken-Cheese Croissant Rollups with Strawberry Sauce, Cheesy-Garlic Sourdough Bread, Grilled Sweet Potatoes, Missoula Vegetable Bake, and Trefoil Crust Cheesecake. Techniques will include Dutch oven, foil pack, and grill. Participants will eat dinner at this class instead of in the dining hall. The best things in life are simple - it just doesn't taste like it in this class!

Supplies needed: Bring a mess kit.

Pie Iron Cooking



Instructor: Carly Williams
Location: Horseshoe Arch Fire Circle
Maximum 15 students

Ready to level up your outdoor cooking game? Join us for a fun, hands-on class where we’ll cook delicious meals and treats over the campfire using pie irons! You’ll learn how to prep, assemble, and cook a variety of tasty recipes—from melty sandwiches to gooey desserts. Perfect for campers, backyard firepit fans, or anyone who loves food with a side of adventure. No experience necessary.

Supplies needed:
A pie iron

Beginner Camp Cooking



Instructors: Erin Moore and Katie Acosta
Location: Horseshoe Hollow Fire Circle
Maximum 15 students

Calling those with a taste for adventure and a love for good eats! Join us for a hands-on beginner camp cooking class where you'll master the art of meals for the outdoors without the mess. Learn how to whip up a hearty one-pot wonder indoors, create delicious foil pack entrees and desserts over the fire, and leave with your very own set of recipe cards to take the magic home. Whether you're a seasoned camper or looking for ideas to lead your new, this tasty experience is sure to spark your inner outdoor chef!

Supplies needed:
Mess Kit

optional: Block 5

late night classes...

After the evening campfire is over, half of us will want to go back to our cabins, relax or take a shower. It's already 9 pm.

Others will want to stay up later and have another round of fun before bed. We've got you. We're offering a limited number of evening classes for the night owls. Everyone else may take Turtle Time or head to bed early.

Saturday, Block 5 Classes start at 9:00 pm. Pick one, but have a backup in mind!

archery night shoot



Instructor: Laura McNeely and Laura Williams
Location: Archery Range
Maximum 12 students

Nock an arrow, take aim, and let it fly into the dark as you put your archery skills to the test at the range with just glow lights to guide you. All supplies will be provided.

Card Games: Nertz & Cry



Instructor: Hilary Jirasek
Location: Treehouse Kitchen
Maximum 26 students

Looking for fast-paced fun and friendly competition? Join us for two engaging card games that are easy to learn and hard to stop playing!
Nertz is a high-energy, multiplayer twist on solitaire where speed and strategy collide. Race to clear your “Nertz pile” before anyone else in this lively, laughter-filled game. Great for groups—just bring a deck with a unique back!
Cry is a team-based version of Canasta that’s perfect for 2 to 8 players. It’s strategic, social, and full of laughs—so much fun, it might just make you cry!

What to Bring: A standard deck of cards with a unique back.

Cut up T-Shirt Ideas



Instructor: Allison Despain
Location: Horseshoe Hollow Unit Shelter
Maximum 20 students

Cut up t-shirt ideas. You will learn some basic designs for cutting up and t shirts creatively. Shirts provided by GSNETX shop. First come first served for sizing.

No supplies needed

Registration Instructions

Before you register: We highly recommend reading through this guide and making some decisions about what you'd like to register for before completing the registration process. Our registration system isn't as friendly to schedule changes after the fact as we would like for it to be, and we want to make sure you have the best experience.

1. On August 21st Go to gsEvents at www.gsnetx.org/events. Search for Retreat 2025 to find the event and registration link.

2. Go to the right-hand side of the page and add the number of members that you'd like to sign up using the plus sign, then click the green Log In button.

3. Log in using your Girl Scout email address. If you have trouble logging into gsEvents, please reach out to the GSNETX Customer Care team at customercare@gsnetx.org.
Note: The Customer Care team is only available Monday through Friday during regular work hours.

4. Under Assign attendees, select the members that you'd like to register. You'll have the option to toggle between selecting adults for your household or from your troop. If you're registering multiple adults for the event, you will have to go through this process for each member.

5. Scroll down and select an option or a class for each event block. Be sure to make a selection in each event block and refer to the classes in this planning guide for more information.

6. On the Add your details screen, click Review Cart.

7. On the Review your cart screen, you'll be given the option to make a donation to GSNETX as part of your event registration. Scroll down past it and click the box under the Girl Scout Promise and Law that says "I agree to the Girl Scout Promise and Law" then click Add Payment Details.

8. Enter your payment details then click Submit Payment.

9. You'll reach the Payment confirmation page and you're registered for Adult Retreat! You should receive a confirmation email acknowledging your registration and be able to pull up the detailed information in MyGS. We will send more detailed confirmation information and instructions closer to the week of the event.

10. Adult Retreat guests will be invited to an event-exclusive Rallyhood site after registering to get the latest information on our event, ask questions, talk with other guests, and more. You'll receive your Rallyhood invite in early October.

Special THANKS to our Adult Retreat Planning Team, Unit Leaders, and Instructors!

Planning Team Members:

- Event Chair: Lizzy Seidemann
- GSNETX Staff Liaison: Hilary Jirasek
- Instructors: Laura Williams
- Facilities & Parking: Elizabeth Harris
- Unit Leader Chair: Kate Marshall
- Check In Experience: Sandy Wright & Debbie Cox
- Camp Nurse/First Aid: Marissa Corsiga
- Camp Socials & Mixers: Carol Bowman
- Ceremonies: Doreen Brown
- Marketing & PR: Erin Cooper
- Photography & Promotion: Melissa Macias
- Service Project: Tina Bilbrey
- Grub Masters: Cindy Katuin & Brandy Garner

Unit Leaders:

- Racoon Ridge: Kate Marshall & Krystal Kazi
- Tree House: Marta Lusk & Briana Hernandez
- Horseshoe Bend: Sabrina Landrum & Jeannine Sharp
- Laird West: Erin Cooper & Katie Acosta
- Horseshoe Arch: Ileana Framjee & Marina Gomez
- Horseshoe Hollow: Liz Scrogginthorpe & Sharin Whitesitt

Instructors:

- Crystal Welch
- Emily Barker
- Jennifer Parks
- Skyar James Parks
- Laura Williams
- Tina Bilbrey
- Linda Blake
- Carol Bowman
- Debbie Brown
- Doreen Brown
- Rebecca Vallo
- Margaret Button
- Jennifer Chatterly
- Erin Cooper
- Bonnie Downing
- Theresa Ellington
- Dawn Bahr
- Elizabeth Harris
- Briana Hernandez
- Michelle Nichols
- Katie Acosta
- Lizzy Seidemann
- Paula Hiett
- Natalie Zamarripa
- Natalie Lozano
- Elizabeth Williams
- Laura McNeely
- Sue" Birdie" Wilbur
- Carly Williams
- Phillip El Lobo Kinstley
- Pat Sherwood
- Patty Townsend
- Lex Shepard
- Beverly Kaufmann
- Becca Ikle
- Melissa Macias
- Kate Marshall
- Brandy McCabe
- Tiffany Moser
- Joyce Higgins
- Kathryn Ikle
- Cheryl Cleveland
- Juanette Alley
- Amber Troxtell
- Mendy Troxtell
- Stefani Johnson
- Laura DeBusk
- Any Day CPR
- Cindy Katuin
- Lindsey DeBruin
- Debbie DeBruin
- Patricia Marshall
- Rebecca King
- Virgie Beatty
- Jackie Quinones
- Michele Pettigrew
- Allison Despain
- Rita Stabile
- Sophie Baweja
- Estee Easley
- Brandy McCabe
- Stephen Spears
- Christina Bryant
- Hilary Jirasek
- Tejas Riders